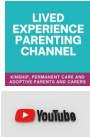




COMMUNICATIONS UPDATE

WWW.PCAFAMILIES.ORG.AU

Share and Connect
Thurs
February 15
@8.00pm



Flexi-Funding

Better Futures

Helpine

CAP

ADDITIONAL COSTS OF CARE INDEPENDENCE, EDUCATION, EMPLOYMENT REFERRALS, ADVOCACY CARER ASSISTANCE



Share and Connect

TOPIC: Join Tessa and Jake from CAP discuss Navigating contact with birth parents and managing relationships

DATE: Thursday February 15 at 8.00pm - 9.30pm

REGISTER: via [Zoom](#)

Join Tessa Hughes, Manager of the Carer Support Team at the Foster Care Association of Victoria, and Jake Iaria, a clinician from the Carer Assistance Program, in an insightful conversation.

Together, we'll explore navigating contact with children's birthparents and effectively managing relationships between yourself, the birthparents, and the children. Our goal is to offer practical strategies for handling these dynamics independently once Child Protection and Foster Care Case Managers are no longer involved.



Save the date National Kinship, Permanent and Foster Care conference

We will be providing more details as information is confirmed; however please note the National Conference will be held at the Melbourne Convention and Exhibition Centre, 1 Convention Centre Pl, South Wharf on:

Friday 9th August, Saturday 10th August and Sunday 11th August 2024

ADHD conference in Geelong

Date: Saturday, 17 February 2024

Time: 9:30 AM to 4:00 PM

Venue: GMHBA Stadium, Presidents Room, 370 Moorabool Street, South Geelong



Join Chrissie Davies - Child Behaviour Specialist - in this life changing conference experience focusing on understanding and supporting the ADHD community.

This is a conference created by an ADHDer with specific key learning elements - takes one to know one right?

The ADHD brain is uniquely wired and often misunderstood. Not only does Chrissie have over 25 years of professional

knowledge of supporting neurodivergent children and families - she loves two amazing little ADHD'ers with all of her heart.

It also alarmingly, highlighted to Chrissie the amount of work we have to do in our education system and wider communities to support kids and families living with ADHD. There is still so much stigma, shame and damaging information floating around ... and this really needs to change.

Chrissie and her colleagues, will be sharing their 'lived experiences' and professional insights into;

- draw on the current research,
- neurodiversity affirming beliefs,
- trauma informed practices,
- holistic behaviour supports,
- accommodate,
- advocate and SO much more.

Further information on the Conference can be found [here](#)

Peer support for intercountry adoptive parents of adult children

Parents of adult adopted children are warmly invited to the third of our monthly, face to face, peer support groups being held at Fitzroy North Library.

Topics will be based on the needs identified by participants over the last two months and will be guided by the rich, shared wisdom of participants' experience within the group.

The forum is a safe, non-judgemental space for sharing experiences and a deep sense of trust and respect for participants, together with a good deal of hope and humour.

Where: Bargoonga Nganjin Community Hub - Bagung Magali

Address: Fitzroy library, 182-186 St Georges Rd, Fitzroy North

Dates: Wednesdays in 2024, 28 Feb, 27 Mar, 22 May, 26 Jun. April to be decided.

Time: 7:30pm to 9.00pm

For more information please email Linda Cooke linda2cooke@gmail.com

Fostering Resilience Online Workshop

Facilitator: Michael Place, Resilience Coach



This workshop aims to demystify the contributing factors of what it takes to foster resilience in young people in the care experience. After being in care for 9 years, Michael went on to study psychology to profoundly understand what it takes to promote resilient attitudes in care leavers.

This program blends his personal experiences with insights from his research, presenting a unique blend of theory, and real-life examples. Participants can expect to leave feeling empowered and armed with a Fostering Resilience Action Plan ready for immediate implementation.

Date: Saturday 10 February 12.30pm to 2pm

Location: Online Zoom

Register: [here](#)

Understanding Australian Intercountry adoptees and suicide Such an important topic needing research!

For any Australian intercountry adoptees, adoptive families, adoption workers, post adoption providers, close friends / significant other to adoptees .. if you are interested to help in this important research - please respond as per the flyer [attached](#). Our Australian Govt funded a review on the literature which Ryan Gus completed 2 years ago, it demonstrated we had no Australian research ourselves to help inform what's needed for prevention or to address via more informed support systems.



See here for what the Australian Government funded literature review [highlighted](#).

If this article has raised any issues or concerns for you, contact Lifeline on 131114.

Disclaimer
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Carer Assistance Program - Therapeutic Support
Self referral available [here](#).

DFFH Flexible Funding - Funding Additional Needs

Further information available [here](#).

Helpline - Information, support and referrals

Further information available [here](#).

Better Futures and Home Stretch - Support to 21

Find out more [here](#).

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