



COMMUNICATIONS UPDATE

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News - The Danger of a Single Story



Chimamanda Ngozi Adichie reminds us in her 2009 TED Talk that no one person has a single story. A single story creates stereotypes that don't tell the whole story. Our lives and our cultures have so many overlapping stories and we miss understanding if we are unable to see the many layers in a persons identity. We are reminded that it is important not to focus on stories of catastrophe. That it is necessary to engage properly with a place or a person by engaging with all of the stories of that place and that person by engaging with all the stories you can engage with similarities rather than differences and thereby allow for recognition of equal humanity across cultures, places and people. Find her TED Talk [here](#).

News - Flexi-Funding Tip!

Here is time saving tip! When submitting a flexi-funding application, you can submit applications collectively. That means you can submit one application for multiple items and for multiple children. You don't need a separate application for each child.



"Delivering trauma informed services that empower"

News - Flexi-Funding Reimbursements

Did you know that you may be able to pay an expense and seek reimbursement, but only in limited circumstances, including when:

- Expenses are greater than \$100 (under \$100 are to be paid by the DFFH care allowance)
- Pre-approval of the expenditure is obtained from PCA Families.



To obtain pre-approval:

- Complete a Flexible Funding application (reviewed daily for urgent items)
- In "provider name" enter parent/carers name and put an amount for EACH item you would like reimbursed (Do not just put a total, we need to see each item is supported)
- Upload supporting information including a "quote" for each of item (screen shots must show complete details of expenditure item, amount, gst, provider name and ABN)
- In "Final comments" please add "Carer reimbursement requiring pre-approval" and add any timelines and reasons why a payment must be made urgently and not through the normal Flexible Funding process.

Once your application has been submitted, if pre-approval is granted:

- "Final comments" will note that pre-approval has been granted
- You will be asked to provide the invoices/payments evidence.

In exceptionally urgent circumstances (eg emergency surgery or travel for death of a birth parent) please contact us on 03 9020 1833 (option 1) to discuss with an Advisor and obtain pre-approval via email, which is then uploaded to the normal Flexible Funding application.

Click & Connect (Peer Support)



TOPIC: SENSORIMOTOR AND SOMATIC EXPERIENCING (AND SAFE AND SOUND PROTOCOL)

DATE: Wednesday 15 June at midday

TOPIC: In this meeting we will review and discuss the Youtube Recording by Chris Storm on Sensorimotor and Somatic Experiencing. Chris has seen mute children start to talk, disregulated children reengage and children who are adopted or had a traumatic birth and start to life, start to repair their birth process. The safe and sound protocol, a listening or auditory system that helps with calming and felt safety, is Chris's favourite thing. Perhaps it could work for you? Please join us for this discussion.

REGISTER: [here](#) via Zoom Link

HOMEWORK: Listen to the Youtube recording by Chris Storm titled "Somatic and sensorimotor behaviour change therapies support childhood trauma: play, art and clay too!" Available [here](#).

News - Board Roles Available

Do you have a passion and interest in ensuring effective programs and services are available to support strong permanent care, kinship care and adoptive families, coupled with executive management and/or previous Board Director experience to support strategic decision making and oversight of governance?

PCA Families Board is seeking to appoint an additional 2 or 3 Board Directors. to oversee the exceptional work and extend the organisations impact. To find out more or apply see [here](#).



News - Flexi-Funding Budget

As at 31 May 2022 we have limited flexible funds available until 1 July, so please prioritise any applications to 30 June 2022 to those that are essential (eg. counselling, therapies, tutoring and urgent medical).

Flexible Funding is ongoing, so approved applications that may not be paid from the 2021/22 budget, will be deferred for payment to 2022/23.



"Improving the lived experience of young people"

Flexi-Funds

PCA Families has Flexible Funding available to meet the extraordinary needs of children and young people subject to a Permanent Care Order, or where you are receiving DFFH care allowance and have a Family Court Order or Adoption Order. Flexi funds can be used for therapeutic, educational and medical services, to build skills, interests or attachment, to elevate family contact and cultural identity, to offer respite, home medication or other services like whitegoods, one off clothing, estate planning or vehicle needs eg car seats. [For details about what the funds can be used for - see here](#)

PCA Families cannot guarantee we are able to fund every application and request received.

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