

COMMUNICATIONS UPDATE

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QUICK LINKS

Share & Connect
7/7/22

Click & Connect -
20/7/22

Lets Connect
8/8/22



Youtube - It Takes a Village



Mitch and Rache spoke to us about the community kinship or village care model that they operate within to surround a young boy in care.

They are just like an extended family to a boy who is in kinship care with another family.

Mitch and Rache work for CBC Change and have extensive experience in supporting adoptive, permanent and kinship carers with strengths based culturally sensitive case management.

We learnt some really important lessons about what is important. Whether that is falling in love with the child or surrounding the child with real family experiences. Sharing dinners together, for example, as carers when picking up the child is a simple thing that can normalise the relationship and keep everyone connected. Mitch and Rache remind us of the importance of just spending time with each other to help build the relationship. That is something we can all take into our own lives.

Similarly talking through with openness how to parent and how to add value and enrich the child's life are equally important for the child to continue to repair and move forward.

A really honest account of how we can all be making a difference in someone else's life.

Find out more about their story [here](#).

"Delivering trauma informed services that empower"

News - Lying When We Cant Tell The Truth

The struggle with lying comes up in every family and is a very tricky behaviour. Robbyn Gobbel talks about this struggle in her podcast. Children who have experienced trauma may have had to lie to get their needs met and so lying can be a survival mechanism.

It is not necessarily a reflection on your relationship with your child. Find out more [here](#).



News - New Booking Feature

Last week we shared our new booking feature for Better Futures and home Stretch. You or your young person (15 years and 9 months or older on a permanent care order) can now book a consultation with a Better Futures Advisor online.

Access the booking service [here](#).

The Better Futures program helps young people transition to independence with coaching, information and advice and/or financial support in the form of an allowance until 21 years of age.



News - Free Transport

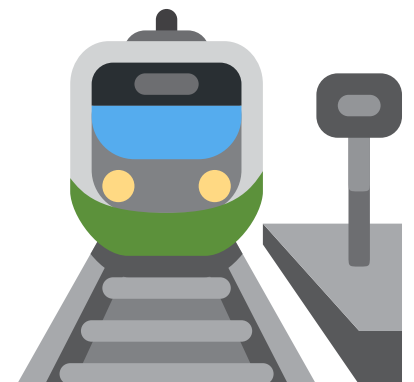
Are you eligible for some free transport?

If you are on a

- Victorian Carers Card (We Care card) or
- Pensioner Concession Card (PCC) (all codes) or
- Department of Veterans' Affairs (DVA) PCC or
- Victorian Seniors Card

you may be eligible for free travel vouchers (metro and regional).

Find out more [here](#).



"Improving the lived experience of young people"

Events - Share & Connect



TOPIC: TRAUMA AND SENSORY INTEGRATION AND DAY TO DAY FUNCTIONING

DATE: Thursday 7 July at 8pm

TOPIC: Ever found yourself yelling at people you love when you're tired? Unable to think in the presence of loud noise? Annoyed by smells or sounds that others barely notice?

The consequences of trauma are many, for both adults and children. Research in Sensory Integration (SI) has greatly expanded our understanding of how the body, brain and emotions interact in processing sensory inputs. Odelya Gertel Kraybill Ph.D. offers us some insights into how trauma can affect children's day-to-day functioning and the importance of connecting treatment to trauma in this article [here](#). Odelya is a psychotherapist and trauma specialist - see her profile [here](#). What do you think? Is it important to get SI disorders diagnosed? What are the advantages and disadvantages?

REGISTER: [here](#) via Zoom Link

Events - Click & Connect



TOPIC: EMDR, REPROCESSING AND MODELLING WITH MARIA MARSHALL

DATE: Wednesday 20 July at midday

TOPIC: In this meeting we will review and discuss the Youtube Recording by Maria Marshall on Eye Movement and Desensitisation Therapy, reprocessing and modelling. Normalising experiences, connection before redirection and role modelling, are practices that Maria proposes can help children who have experienced early childhood trauma, in addition to CBT and EMDR. Let's discuss which of these you may have tried or what you think might help.

REGISTER: [here](#) via Zoom Link

HOMEWORK: Listen to the Youtube recording by Maria Marshall titled "Why its important to play pie face, snap and ask when are the times I don't love you? How EMDR helps" Available [here](#).

Flexi-Funds

PCA Families has Flexible Funding available to meet the extraordinary needs of children and young people subject to a Permanent Care Order, or where you are receiving DFFH care allowance and have a Family Court Order or Adoption Order. Flexi funds can be used for therapeutic, educational and medical services, to build skills, interests or attachment, to elevate family contact and cultural identity, to offer respite, home medication or other services like whitegoods, one off clothing, estate planning or vehicle needs eg car seats. [For details about what the funds can be used for - see here](#)

PCA Families cannot guarantee we are able to fund every application and request received.

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