

COMMUNICATIONS UPDATE

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Flexi-Funding

Better Futures

Helpine

CAP

ADDITIONAL COSTS OF CARE

INDEPENDENCE, EDUCATION, EMPLOYMENT

REFERRALS, ADVOCACY

CARER ASSISTANCE



EVENTS

Click & Connect
Wed 26/4/23

Share & Connect
Thurs 4/5/23






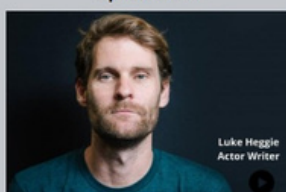

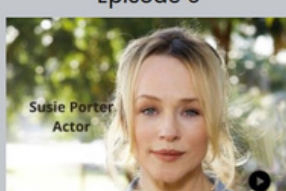
News - Research Paper on Attachment

The importance of attachment in the lives of foster children was researched back in 2006. While there have been some updates, this summary is a great introduction to the key messages around working out how to respond to a child in distress. Find the research paper [here](#).



News - No Laughing Matter Podcast

The No Laughing Matter is a podcast series on intra-familial child sexual abuse (incest). With nearly 30 short stories of victim/survivors, they are narrated by well-known voices of comedians, media and sport personalities including Jean Kittson, Adam Hills, Chrissy Swan, Hugo Weaving, Jennifer Byrne, Andrew Denton, Annabel Crabb and many more. The idea being that audiences are more likely to be receptive to stories delivered by someone they can relate to. Find the podcast [here](#).

<p>Episode 1</p>  <p>Fiona O'Loughlin Comedian</p>	<p>Episode 2</p>  <p>David Field Actor Director</p>
<p>Episode 3</p>  <p>Richard Fidler Radio Presenter & Writer</p>	<p>Episode 4</p>  <p>Luke Meggie Actor Writer</p>
<p>Episode 5</p>  <p>Adam Hills Comedian Radio & Television Presenter</p>	<p>Episode 6</p>  <p>Susie Porter Actor</p>

Events - Share & Connect (JC)

TOPIC: DR VICKI RUSSELL - FASD ADVOCATE

DATE: Thursday 4 May at 8.00pm

LOCATION: Zoom online

TOPIC: Dr Vicki Russell PhD is a Churchill Fellow (2001). Vicki worked for 30 years in non-government sector management in the delivery of trauma counselling; alcohol and other drug prevention; and neurodevelopmental disability (Fetal Alcohol Spectrum Disorder). She trained in narrative practice and has a Certificate of Mastery in the Fetal Alcohol-Neurobehavioural approach (USA).

Vicki has developed and delivered education and training programs on trauma and FASD to professional and non-professional groups across all levels of prevention.

Vicki will introduce Fetal Alcohol Spectrum Disorder and explore the diagnosis and the outcomes for the individual across the lifespan, including strategies for management.

Vicki will also look at and open up for discussion the impact for those who care for individuals living with FASD.

REGISTER: [here](#)



News - Life & Living Skills Program Extended

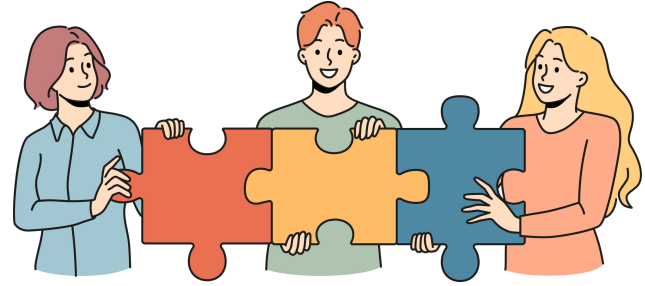
MOIRA and Headspace have extended their life and living skills program to anyone leaving care (15-18 years of age) that continues to have child protection involvement (Kinship and Permanent Care). Hear what other young people have had to say about their program in this video [here](#). Two programs are on offer for young people 16-25 years of age. One in Bentleigh starting Tuesdays on May 2 (11am-2pm) and one in Frankston starting Thursdays on April 27 (4-6pm). Daily living skills, money management, housing and legal rights, personal development, employment education and training and more. Offering gift vouchers and more surprises like airpods and other gifts. Register direct with Mario: email mdsouza@moira.org.au by Wednesday 26 April.

For young people 15-18 leaving care with child protection involvement (from any location) or for young people 16-25 with connections in Bayside Peninsula Area (Cities of Port Phillip, Stonnington, Bayside, Glen Eira, Kingston, Frankston and Mornington Peninsula Shire)



News - Connected Safety

The Australian Childhood Foundation has created this resource with suggestions for 5 activities that help promote connected safety. Many of the activities involve togetherness and sensory materials, turn taking and matched behaviours. Try the squiggle and giggle, it works wonders, or the treasure hunt! Read more about the benefits and ideas [here](#).



Events - Click & Connect

TOPIC: SOCIAL SKILLS FOR YOUR CHILD

DATE: Wednesday 26 April 12.00 to 1.00pm with hosts Liz and Sonia

TOPIC: We all know that sharing, patience, empathy and respecting boundaries are important social skills. But which ones are the most important and how do you help your child to learn them? Is there a way to reflect and reinforce the skills that are important to you? Is there a way to teach these skills? This can be even more challenging for children who may have a trauma experience or who are neuro diverse. So how do we start and what experience can we share that might help others?

If you like to read, please consider this article from Raising Teens Today on the 10 Important Social Skills [here](#).

REGISTER: [here](#) via Zoom Link



Carer Assistance Program - Therapeutic Support

Self referral available [here](#).

DFFH Flexible Funding - Funding Additional Needs

Further information available [here](#).

Helpline - Information, support and referrals

Further information available [here](#).

Better Futures and Home Stretch - Support to 21

Find out more [here](#).

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