

COMMUNICATIONS UPDATE

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News - State budget

PCA Families was very pleased to learn of some excellent news from the Victorian State Budget, including funding for PCA Families' Helpline. The other main points for PCA Families are an expansion of the training and support Carer KaFE program, which will be extended to include permanent carers, and an expansion of the Better Futures and Home Stretch programs, to assist eligible young people on permanent care orders to either remain in care until they turn 21 years of age or transition to independence.

The link to the budget information is here: Link to the budget information LIVED PARENTING CHANNEL RAISING EXPECTATIONS New Youtube Video -Video Podcast 4

School leavers can get to TAFE/Uni by accessing supports (without VCE).

For many young people living in care, aspiring to Uni or TAFE can seem overwhelming, perhaps due to disrupted schooling, or perhaps because other matters are a priority. There are ways to get to TAFE and Uni, with or without VCE, and with financial support and other support too eg coaching and mentoring at the Uni or TAFE, help with resume writing and work experience or other support. It is important to know what the options are before leaving school or finishing Year 12. Find out how Raising Expectations can assist young people and carers/parents on this journey. Click here to access the Podcast 25 MAY 2021



News - Connection Event in Bendigo

Create Foundation

The Create Foundation is running an event for club members in Bendigo over the school holidays and its going to be a fun one - laser tag and skating!! For children 25yo and under.

Date: Monday 28 June 2021 10.30am-12.30pm Register by emailing victoria@create.org.au or call 03 9918 0002

"Improving the lived experience of young people"



News - Project Participation

Melbourne University is conducting research on how to better support young people who have lost a parent due to domestic homicide (understanding home, relationships and identity).

If you have lived experience, either as a child of a parent subject to domestic homicide, or as a carer of a child that has experienced this, and you are interested in contributing to the research, please contact Kati Marinkovic , Eva Alisic or Kathryn Joy to get involved.

katitza.marinkovic@unimelb.edu.au or ealisic@unimelb.edu.au or kathryn.joy@unimelb.edu.au

"Improving the lived experience of young people"

Journal Club



Please save the date for our next Journal Club meeting, via Zoom on Thursday 3 June 8.00-9.30pm

Topic: Things not to do when tantrums arise

<u>See this article which will be discussed</u> that discusses rigidity, flexibility, reasoning and screaming.

Register in advance via Zoom link: <u>Registration to Journal Club June 3</u>

Do you have ideas for a topic? Please let us know!

Journal Club is run via Zoom on the first Thursday of each month 8.00-9.30pm to provide support to parents and carers. Typically a brief article is circulated or a guest speaker introduces a topic in which they are an expert.

Flexi-Funds

Click and Connect



Please join our next Click and Connect peer group meeting via Zoom on Wednesday 26 May 12.00-1.00pm.

Topic: Risky Behaviours: Alcohol, drugs, graffiti and more.

Register in advance via Zoom link:

Registration to Click & Connect 26 May

To Do: At the meeting, please consider sharing an example of your own or a family members risky behaviours. Can be past tense!

Click and Connect is run via Zoom every Wednesday fortnight 12.00-1.00pm during school term. The group will be a supportive space that allows natural conversations to flow and you will be honoured as experts of your families and lives.

A reminder that PCA Families has Flexible Funding available to meet the extraordinary needs of children and young people subject to a Permanent Care Order, or where you are receiving DFFH care allowance and have a Family Court Order or Special Needs Adoption Order. Flexi funds can be used for therapeutic, educational and medical services, to build skills, interests or attachment, to elevate family contact and cultural identity, to offer respite, home medication or other services like whitegoods, one off clothing, estate planning or vehicle needs eg car seats. For details about what the funds can be used for - see here

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