

COMMUNICATIONS UPDATE

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Updates and new audio or video will be communicated in our regular Communications Update. Please share with other carers or parents and let us know if you have an idea for a topic.

Training Option:
Carer Kafe have training on Understanding Disability 6.00-9.00pm
Tuesday 18 May
[Click here for Carer Kafe](#)



NEW YOU TUBE VIDEO Video Podcast 2

Safeguarding financial interests and estate planning for PCA Families.

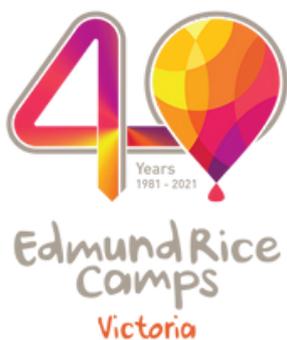
Preparation for many situations and events is a big part of our lives, however, often seeing a lawyer and preparing a will is an expensive, time consuming and thought provoking process. Wills are something that we leave to another day, and often that day never comes. That day did come for carer Naomi Colville. Naomi attended an estate planning webinar and soon found herself considering many aspects that she hadn't considered. Who would be the guardian for the children? What should be done to make arrangements for a child that would never be capable of being responsible for their own finances? What type of structures accommodate both the children and allow for protection from various other parties involved in the children's lives? What did Naomi learn about a special disability trust?

The answers are out there and require time, thought and strategies to be determined, and they will need to be reviewed too. Listen to her story or see the website for contacts and resources to start your own journey in ensuring your wishes are clearly set out to safeguard the young people in your life.

[Click here to access the Podcast](#)



**"Improving
the lived
experience
of young
people"**



News - Flexible Funding

A reminder that PCA Families has Flexible Funding available to meet the extraordinary needs of children and young people subject to a:

- Permanent Care Order,
- Family Court Order and who are receiving the DFFH care allowance or
- Special Needs Adoption Order and who are receiving the DFFH care allowance.

If you are eligible we strongly encourage you to apply as COVID-19 has meant we have funds still available.

Flexi funds can be used:

- for services including therapeutic, educational and medical
- to build attachment, skills and interests
- to elevate family contact and cultural identity
- to offer respite and home medication or vehicle services like car seats
- for other services like whitegoods or one off clothing, and estate planning (which is the topic of this weeks podcast).

[For details about what the funds can be used for - see here](#)

News - Camps

One of the opportunities open to Members via Flexi Funds, is access to the Edmund Rice Camps (where there is a need to build skills and interests in your child).

These camps provide opportunities to build resilience, belonging and to contribute to their communities. They are designed to offer access to fun recreational opportunities while providing social connections and personal development, so that every child, despite their circumstances or upbringing, can thrive.

You can be secure in the knowledge that your child will have access to like-minded children with 1:1 ratios for one on one attention.

Edmund Rice Camps offer two options, Winter Family Camp (5 to 9 July) and Winter Kids Camp (29 June to 2 July).

[For details about Edmund Rice camps see here](#)

If this interests you for your child, please contact PCA Families to start your application for Flexi Funds.

"Improving the lived experience of young people"

Journal Club



Please save the date for our next Journal Club meeting, via Zoom on Thursday 3 June 8.00-9.30pm

Register in advance via Zoom link:

Registration to Journal Club June 3

Topic: To be determined

Do you have ideas for a topic?

If so, please let us know!

Journal Club is run via Zoom on the first Thursday of each month 8.00-9.30pm to provide support to parents and carers. Typically a brief article is circulated or a guest speaker introduces a topic in which they are an expert.

Reminder: Click and Connect



Please join our next Click and Connect peer group meeting

via Zoom on **Wednesday 12 May 12.00-1.00pm.**

Register in advance via Zoom link:

Registration to Click & Connect 12 May.

Self-Regulation: The challenges and how to support it.

To Do: At the meeting, please consider sharing an example of where you may have succeeded in helping your child or a friend to self-regulate. We welcome questions at the meeting or you can also email ahead of time.

Click and Connect is run via Zoom every Wednesday fortnight 12.00-1.00pm during school term. The group will be a supportive space that allows natural conversations to flow and you will be honoured as experts of your families and lives.

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