



Welcome from CEO, Lisa

I would firstly like to extend a warm welcome to PCA Families' members, including our newest members.

This year has continued to bring many ups and downs for families, and stage four restrictions have left many feeling like we may be in a never-ending lockdown! Many families are struggling with parenting and remote learning. Rates of family violence have increased. Financial stress is at an all-time high. There are also concerning rates of mental health and wellbeing issues, and we are seeing this at significant rates for children and young people with histories of complex trauma.



After a long and dreary winter in lockdown it is fabulous that spring has finally sprung. I know for myself that I have needed to make a conscious effort to just keep things simple, to spend time outside, take one day at a time and have hope and trust that 'this too will pass'.

I would like to remind members that PCA Families helpline remains open and we continue to provide support to families in the context of the pandemic, and beyond. We also have dedicated COVID-19 flexible funding available until the end of October 2020 so please reach out as soon as possible if we can assist in these incredibly challenging times. We have also been actively calling clients who have previously been in touch with our services to check in and offer support, and this service will be offered until June 2021. If you haven't already seen, we have recently been launching some [new peer support and COVID-19 related initiatives so make sure you like our Facebook page to stay up to date as we would love you to participate.](#)

I'd also like to acknowledge the work of Danielle Lucas who has been acting as interim Team Leader for a number of months, and to welcome Ann Rowley who will be starting in a few weeks in the new role of Program Lead. In addition, to bolster our Helpline and Flexible Funding programs, we have appointed a new Advocacy and Support Advisor, Siobhan Meechan. We'll introduce more of the PCA Families team in upcoming newsletters!

Thank you to those of you who completed the advocacy survey that was sent with the Winter edition of Thrive. To see the results please click [here](#). This has formed the foundation of an advocacy and campaigns framework and plan for the organisation so I am really appreciative of your input. One of the key themes that came out of the survey was the need for greater post-order financial support to improve the lived experience of children and families. I have since been working alongside the Permanent Care Alliance to develop a campaign to address this issue. I am also collecting families stories which will be used in the campaign. If you're comfortable doing so, don't hesitate to contact me if you would like to share your story. My email address is lisa@pcafamilies.org.au.

Stay well, stay safe and please enjoy this Edition of Thrive.

Message from Meredith Carter, President, PCA Families



In this very unusual year, it is great to see many things still thrive, albeit with a bit of a twist. For example, with our Journal Club now on-line people from regional areas and beyond are now joining in. Our staff and volunteers are working hard to make sure there are plenty of other opportunities for you to remain connected, participate and share your views.

From a governance point of view we are preparing for the AGM. The AGM is an important opportunity for the Board to review the past year with our members. This year the Board is working through how this might best be achieved including on-line.

Governance is all about ensuring the organisation is not only well managed but also well governed, accountable, and looking to the future. Having actively recruited a wonderful new CEO, the Board has spent much of this year reviewing the strategic directions for Permanent Care and Adoptive Families as well as looking at how best we can meet the immediate needs of our members.

Now as we move towards the AGM, we have been evaluating the Board's performance, looking at our existing skills and competencies, and how we can best strengthen them. This year we are especially keen to strengthen the fundraising and communications skills on the Board.

Our recruitment efforts last year resulted in several new members joining the Board and its committees. You can learn more about one of them, Naomi Colville, in this issue of Thrive.

Ensuring a diversity of perspectives and relevant skills on the Board as well as lived experience of permanent care and adoption is important. Strong governance qualifications and experience are also essential to ensuring the Board has the skills to steer our organisation through whatever challenges arise.

We are so grateful to those who support the Board in other ways. Board committees, for example, can be useful for getting to know more about governance if you are interested in board roles, whether ultimately on our Board or on other organisations. Whatever way you are interested in getting involved in Permanent Care & Adoptive Families, we would love to hear from you. Meanwhile I hope you enjoy this edition of Thrive and learning more about the work we and our partners are doing to support the PCA community.

Meredith Carter
President, PCA Families Board

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Journal Club & National Child Protection Week



National Child Protection Week; 6—12 September 2020

National Child Protection Week celebrates its 30th year with the theme:

Putting children first...

Under this year's theme of 'Putting children first' all Australians are invited to look at how they can prioritise children in their lives and communities and to engage in National Child Protection Week – as individuals, and as part of families, organisations, communities and society.

Putting children first means prioritising the safety and wellbeing of children. To grow up well, children need to feel safe and loved, have a chance to play and explore, have a say in decisions that affect them, and access to essential things like food, shelter and healthcare.

For children to thrive, we need to come together as a community and put children's needs first during National Child Protection Week and every week.

Please feel free to use the theme in the way that resonates best for you.

- This might mean promoting the things we are already doing (or can do) right now to put children's safety and wellbeing first.
- It might mean reflecting on the past 30 years of how our communities have been putting children first.
- It might mean looking ahead and thinking about where we need to focus our attention into the future.

There are lots of events including the safety guide which looks at the popular apps like Taking a look at TikTok, Instagram, Snapchat and YouTube. Please visit their [website](#)

Watch Minister Luke Donnellan talk about National Child Protection week be clicking [here](#)



At our September **Journal Club** we had a great turn to hear from Beth Allen, Executive Director of Child and Families at DHHS discussing COVID-19 supports.

Key topics that Beth plans to take back to the Department related to education issues, the financial inequities of being a permanent care/adoptive parent, meeting the needs of children with disabilities and support to young people transitioning to adulthood.

Journal Club will continue via zoom until restrictions are eased. Please keep these dates in your diary for the remainder of 2020. Topics are to be confirmed.

Time: 8.00pm—9.30pm

Thursday October 1

Thursday November 5

Thursday December 3

Save
the
dates



COVID-19 Helpline and Flexible Funding

We have a number of services available to support families. Our helpline offers short-term information, support and referral services covering anything from COVID-19 related emotional support, to assistance with trauma informed parenting strategies and behaviour management, to information about contact visits, passports and support to access other referral pathways.

Flexible funding packages also continue to be available, including dedicated funding for both Aboriginal families and for families requiring support due to COVID-19. COVID-19 related flexible funding is available until 30 October 2020 so contact us now if you need support!

The best contact details for PCA Families are:

- Phone: 9020 1833 during business hours
- Helpline email: info@pcafamilies.org.au to request information or a call back
- Flexi Funds email: flexifunding@pcafamilies.org.au to forward an application or to request a call back

To read more about flexible funding and the eligibility criteria, please view our website <http://www.pcafamilies.org.au/flexible-funding>

Explaining COVID-19 to your child - an e-book



Sara's mum is her hero because she is the best mum *and* the best scientist in the world. But even Sara's mum cannot find a cure for the coronavirus.

"What does COVID-19 look like?" Sara asked her mum.

"COVID-19, or the coronavirus, is so tiny we can't see it," said her mum. "But it spreads in the coughs and sneezes of people who are sick, and when they touch people or things around them. People who are sick get a fever and a cough and can have some trouble breathing."

"So we can't fight it because we can't see it?" Sara asked.

"We can fight it," said Sara's mum. "That's why I need

you to be safe, Sara. The virus affects many kinds of people, and everyone can help us fight it. Children are special and they can help too. You need to stay safe for all of us. I need you to be my hero."

"My Hero is You" should be read by a parent, caregiver or teacher alongside a child or a small group of children. It is not encouraged for children to read this book independently without the support of a parent, caregiver or teacher.

To read this great little book, click on this [link](#).

Raising Expectations—for school leavers

Everyone's path to TAFE or uni is different.

Raising Expectations is here to help care leavers find theirs.

**RAISING
EXPECTATIONS**



Raising Expectations supports young people in care and care leavers to access and succeed at TAFE and university. It is a collaboration between the Centre for Excellence in Child and Family Welfare, Federation University Australia, La Trobe University and Swinburne University of Technology. The Victorian Department of Education and Training is the program's funding partner.

How does it work?

Each Raising Expectations' partner university understands the unique needs of care leaver students and offers tailored support to assist them to access TAFE or university and connect to the support and services they need to succeed in their chosen area of training or study.

Each partner university offers financial, academic and personal supports.

The Centre for Excellence in Child and Welfare raises awareness of care leaver needs, collaborating with and connecting to services and supports across sectors and improving the knowledge and skills of professionals and carers who support young people in care and care leavers about the support available for care leavers.

800+ fee-free TAFE courses for care leavers

A Victorian Government initiative, the Skills First Youth Access Initiative gives eligible care leavers aged 24 and under access to over 800 TAFE courses without paying tuition fees.

To find out more about accessing TAFE, contact us or visit the Skills First Youth Access Initiative [website](#).

Getting Started

- 1 Visit our website: the [Supporters](#) page is a great place for teachers, workers, careers practitioners and carers to get information.
- 2 Visit the website with your young person: the [Students](#) page covers lots of FAQs.
- 3 Connect with a university: visit our [University Partners](#) page for more information on what they each offer.
- 4 Send us a message via the [Chat](#) function or call/text 0407 702 975 to connect with us directly.



Creative talent!



Title: She-Cat

Jamie-Leigh Hearne; 14yo

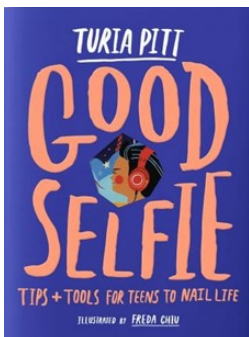
I painted this piece back in the first wave of the pandemic during remote learning. The art teacher gave us a link to the virtual tour of the art gallery which was for a theory assignment but upon looking through the gallery I got inspired.

The exhibition I was viewing at the time was the KAWS: COMPANIONSHIP IN THE AGE OF LONELINESS exhibition. A common theme throughout the exhibition was how the artist changed the heads on characters and humans and replaced them with his own art. I decided to do my own spin on this which is where the cat and human figure on the canvas came from.

When starting this painting all I did was photo shop a target model as well as a random cat head and put them together. I printed out that image and traced it then using that as my reference I painted a larger scale version onto a canvas. After 5 hours of non-stop painting I had finished my master piece. I took a picture of it sent it to my teacher to show her that I was doing extra art outside of school and it ended up in the newsletter for the school.

Book review

by Liz Powell, PCA Families



“The Good Selfie” as the title suggests is a down to earth book to help teens navigate their own emotions, self- doubt and mindset in a modern world, which is especially relevant for today’s challenging times.

With appealing illustrations by Freda Chiu, the book is filled with quotes, strategies, humour, wisdom and encouragement for today’s teen. It tackles areas including, confidence, self-talk, hard times and perspective in an approachable format. The book has been reviewed by psychologists and includes strategies to reframe thoughts, set goals and celebrate each teens own uniqueness and talents. It is both inspirational and highly engaging, pitched to resonate with today’s teens.

Turia Pitt reflects on her own story to encourage others in their own challenges with strategies on reframing negative thoughts and setting goals.

In today’s times this book is even more relevant in helping kids and teenagers to navigate the change to their daily life and loss of their normal social connection and world. If you buy one book for your teen in lockdown this could be it!

The message of the book is summed up in Turia’s last words to her teen audience; “I have a feeling you’re going to do incredible things. Now it’s up to you to prove me right. I’d bloody love that.”

National Permanency Conference

#THRIVE

Virtual National Permanency Conference 2020 | 9.45am to 3.45pm | 12th and 13th October

Considering the COVID-19 environment, the National Permanency Conference is going live

This online national conversation is one that you do not want to miss. If you are part of the child welfare sector, a carer, academic, politician, policy maker, to someone who wants to see a better future for kids across Australia, then register your seat at the virtual think tank table.

This will not be your typical conference. We will hear from international and national experts; updates from politicians and government on progress; and interactive opportunities to provide feedback on changes needed in each state and territory and Australia-wide.

International guest speakers

[Dr Jane Aronson \(New York, USA\)](#)

Director, International Pediatric Health Services, PLLC Founder, Worldwide Orphans

[Terry Cross \(Oregon, USA\)](#)

National Indian Child Welfare Association Founder and Senior Advisor

[Dr Jessica Pryce](#)

Executive Director of Florida Institute for Child Welfare

[Richard Rose \(U.K.\)](#)

Director of Child Trauma Intervention Services and Therapeutic Life Story Work International

Tickets for the conference will provide you with full two-day access to this special online event.

Parent/Carer EARLY BIRD tickets are \$88 inc. GST, which has been extended until 16 September for PCA Families members. Please use this link which will take you straight through to the PCA Families special ticket price. <https://www.eventsforchange.org.au/NPC2020/registernow?code=PCA2020>

The price will increase to \$99 from September 17. You can check out the program here <https://www.eventsforchange.org.au/npc2020/program>



Royal Commission
into Violence, Abuse,
Neglect and Exploitation
of People with Disability

To find out more about the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability, [click here](#)

Anybody can make a submission. A submission can be provided in any way you feel comfortable – by telephone, email, video or through the Royal Commission [website](#).

Hearing from people with disability, families and support people helps the Royal Commission understand the extent and the impact of violence, neglect, abuse and exploitation against people with disability. This will help the Royal Commission to make recommendations to prevent it from happening again.

When you share your story, it doesn't matter if you don't remember everything. If you have a support person, advocate or trusted person, they can also help you to prepare your submission.

Naomi Colville—Director of PCA Families Board

Introducing you to one of our Board Director's Naomi Colville who has been a Board Director for Permanent Care and Adoptive Families since last year. She likes to keep busy and is also the President of the Council for the Colac Specialist School and Secretary of the St Mary's Primary School Advisory Board.

We are sharing this short 4 minute video on Naomi's life. Sit back and enjoy!

<https://youtu.be/14oO9vXgHoU>



Q&A with Liz Powell

Liz is an Advocacy and Support Advisor at PCA Families

Tell us about your family?

There are just the four of us in Australia as I am originally from London UK where my twin sister and her family still live. I have two daughters who were adopted from India aged 14 and 16. My oldest daughter was adopted aged 10 months and my youngest aged 3 years 6 months. Our 2 elderly cats complete the family aged 16 and 18

Most enjoyed family activity during COVID-19?

During lockdown we have enjoyed the easier pace of life. We are busy during weeknights with lots of Zoom dance and singing classes for the girls so on a Saturday we like to plan a special meal together. We also loved our time outside camping in the backyard, meeting on the deck at lunch times and family walks (when we were allowed to walk as a family), together with Zoom catch up Sunday nights with UK family and Friday night takeaway and movie nights.



What's your favourite travel destination and why?

I originally came to Australia on a working holiday as a Nurse/Midwife and ended up living in Perth for 8 years where I worked in Neonatal ICU, so I love going back there. I also love London because it's where I was brought up, India for all the amazing sensory experiences, places and food together with its connection for my children and Greece for its lifestyle, food, islands and beauty. In Victoria, I love Wilsons Promontory National Park where we camp with friends every year and the girls get to reconnect and have fun in nature.

What's your favourite food?

Cheese and Dark Chocolate.

What do you enjoy most about working with PCA Families?

I started working with PCA Families on the helpline 6 years ago. I initially applied to be a volunteer as my support for my own children was my priority and led me to give up my career as a nurse/midwife. I was lucky that the organisation understood those demands and offered the flexibility I needed to recommence paid work. I enjoy connecting with families and supporting them as we work together to help children and young people achieve and grow. I love working with an amazing team who share a similar vision for families.

Education resources - Flexible funding applications

What a challenging the year 2020 has been for students and their families. It is coming up to that time of year again where you will soon start to receive booklists, uniform and other educational information for the 2021 school year. If you require financial assistance **above what is covered by the DHHS Care Allowance and other funding sources** for children on Permanent Care Orders, Adoption Orders (special needs) or Family Law Court Orders, and wish to submit a Flexible Funding application, we encourage you to apply as soon as possible once you know your requirements. This can be a busy period due to the high volume of applications and schools being closed over the summer break.

The flexible funding program is now able to pre-approve applications as this can speed up and ease the process of booklist and school uniform costs in particular. Please apply to flexifunding@pcfamilies.org.au or call in advance to discuss pre-approval for any school related purchases you wish to make. **Please keep the receipts** and discuss with your allocated advisor.

We would also like to thank those families that have actively followed up with their schools to access State School Relief for additional school uniforms and for applying to the Camps, Schools & Excursion Fund (CSEF). For information on your eligibility, please check the links below or speak with your school's Student Welfare Co-ordinator, Assistant Principal or the administration staff to see who manages these within your school.

CSEF: <https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

State School Relief: <https://stateschoolsrelief.org.au/>

Note: CSEF—Families who do not meet the general CSEF eligibility criteria can discuss with their school a Special Consideration application for “*Students in out of home care*”. You may require a letter from PCA Families so please call our Helpline to discuss further.

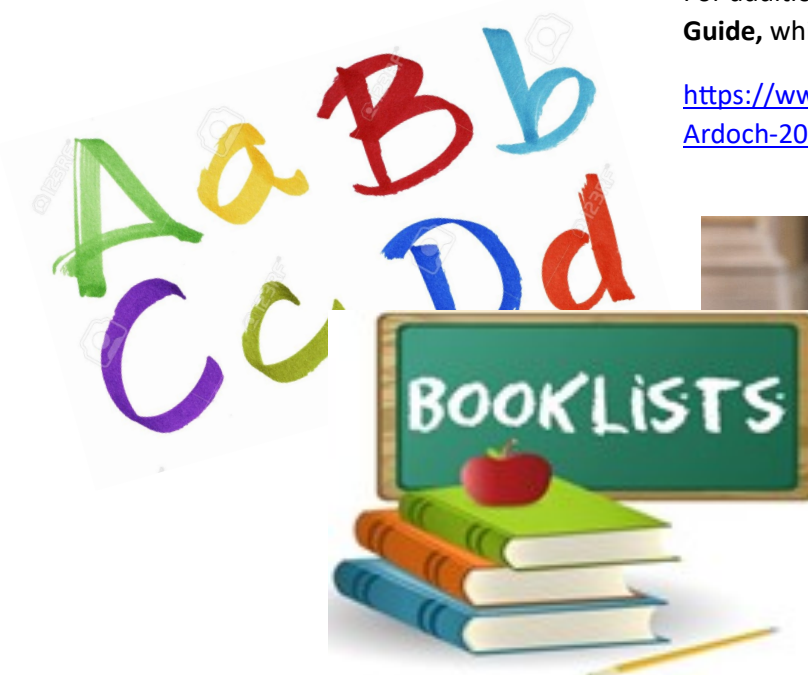
Private School Fees:

In exceptional circumstances only, flexible funding may contribute towards private school fees. However, we are unable to provide guarantees of ongoing payments due to the limited amount of flexible funding available and the fixed-term nature of this funding, and ask families to consider their capacity to independently sustain a private school placement. We also encourage families to discuss with your school's Welfare or Pastoral teams, as well as the school's Business Manager, special consideration discounts or payment options.

Our Adoptive Families may also be eligible for CSEF and State School Relief if you meet their general eligibility criteria.

For additional assistance, check out the **Ardoch School Costs Guide**, which is a great resource:

<https://www.ardoch.org.au/wp-content/uploads/2019/12/Ardoch-2020-School-Costs-guide-Booklet-VIC.pdf>



Chance to WIN FREE tickets to Conference

We haven't looked at our branding for around 9 years, which is a long time in branding terms, so as a part of our website re-development project, we are undergoing a brand refresh to ensure our branding effectively enables us to reach new members, strengthens our reputation and supports us to grow our program delivery to children and families.



It's really important for our members to still feel a sense of connection to the organisation so this exercise is going to be a 're-fresh' rather than starting from scratch so that we honour our foundations, while also modernising our colour palette and logo. We would love you feedback— so you can have your say on your preference we have created a quick survey to vote for your preferred colours.

When you participate in the survey you will have the chance to go into the draw for one of two **free tickets** to the [Virtual National Permanency Conference 2020](#) on 12 and 13 October 2020. Don't miss your opportunity to be part of this virtual conference.

To enter the survey, click here <https://forms.gle/KPtc5HyJpL3Q8JSz8>



Physically distanced, socially connected virtual group!

Online social group, hosted by PCA Families Advisor, Lu.

The group will be a supportive social space that allows natural conversations to flow to ensure you are honoured as experts on your families and lives.



- Who:** Anyone who identifies as a Permanent Care & Adoptive Family!
- What:** Conversations around 'managing stress'
- Why:** To provide extra support to our Permanent Care & Adoptive Family community in these challenging times. *Evidence tells us that connected families are thriving families.*
- When:** **Thursday 10th September 11am-12pm**
- Where:** Please register in advance via Zoom link

<https://us02web.zoom.us/meeting/register/tZloc-GhqDloGt13UsVK7Won5XscHGJg29WK>

After registering, you will receive a confirmation email containing information about joining the meeting.

Look forward to you joining on Thursday!

Activities to do at home



**Australian
Childhood
Foundation**

A-Z of Activities at

Home with the Family

Introduction:



When families are at home spending time together, a challenge can be finding things to do that connect us with our children and our children with us and each other. We have put together an alphabet full of ideas that might help. You can use this list to select activities each day – some are relaxing and some are more active – but all are about connecting.



A – Art activities:

This can range from messy to clean and big to small. What about painting, crayons, mosaic, body art, anime, paper mache or clay?



B – Blowing up balloons:

You can do this for real or pretend to blow up as many balloons as you can! The deep breathing can be helpful when everyone is feeling a bit out of control.



C – Chalk, Concerts or Colouring in:

Here is an outside and an inside option, a loud and a quiet option, depending on everyone's mood.



D – Dancing:

Having a dance party is a great way to show off some moves and to burn off some energy. You will have to decide who gets to choose the music each time.



E – Exercise class at home:

Now is a great time to see if your child has a career as a personal trainer ahead of them. Get them to lead the 'class'.



F – Find the....:

You can select some treasured objects together and then someone can hide them around a room or the whole house or apartment and then you have to find them. It is a lovely chance to talk about why you have selected those objects and why they are so treasured.



G – Growing things:

It could be seeds, seedlings, flowers, herbs or veggies, or trees depending on your home and your plan. This one does require a bit of time and patience.



H – Handball, Hula Hoops, Heads or tails quiz:

Let's bring back some of the games of parents' childhoods. The heads or tails quiz lets one person come up with true or false questions of their own that they then ask everyone else. If you think it's true you put your hands on your head, if you think it's false you put your hands on your bottom!

To continue with the alphabet. Visit <https://www.childhood.org.au/app/uploads/2020/04/ACF499-A-Z-at-home-handout-v3.pdf>

What did you do during “lock down”

We asked some of our members’ children what their thoughts were in ISO “lockdown”.

Response from a 13 year old girl Ella

What has been the best thing about lockdown?
Spending more time with family.

What has been most challenging?
Not seeing my friends at school and on weekends.

What did you miss most?
Going to places.

What have you learnt?
To be grateful for the things we have and can do.

How have you stayed connected with people?
Through video calls.

What are some of the fun things you have done?
Cooking.



Response from 6 year old boy

What is the Coronavirus?
It’s like a big germ what spreads around.

Who is the Prime Minister?
The boss of Australia.

How many days have we been in lockdown?
I would say about 19.

Do you want to go to the playground again soon?
Yes of course I do.

Who is the first person you are going to hug when lockdown is over?
My girlfriend Poppy.

Where is the first place you want to go after lockdown?
Bali.

What do you think we can do to get rid of the Coronavirus?
Stay home.

How did the Coronavirus start?
Someone ate a bat

If you had to wear protective clothing to help you what would it be?
A mask.

Are you enjoying lockdown?
Not really.



Response from a 11 year old boy

What has been the best thing about lockdown?
Spending more time at home.

What has been most challenging?
Not seeing my friends as much as I usually do.

What did you miss most?
Going to school and my friends house.

What have you learnt?
During hard times family matters a lot.

How have you stayed connected with people?
Through video calls.

What are some of the fun things you have done?
Played new games.

CREATE Foundation upcoming events



Harry Potter Escape Room—(13 and over)

When: Thursday September 10th

Time: 4:30-6:30pm

Where: Zoom. Link sent closer to the event date.

Calling all Harry Potter fans! It is time to gather at Hogwarts School of Witchcraft and Wizardry, to use our wands and spells to escape the castle in this Harry Potter Online escape room.

Time to pick your house team - are you team Gryffindor or team Hufflepuff? We'll work together to escape! Come dressed as your favorite Harry Potter character to go into the draw to win a prize.

To register fill out the form below or contact cathy.carnovale@create.org.au for more details.

Roll up Roll up—Saturday September 12th is Carnival day!! We have a day filled with different events for you!

Event 1: 11am – 11.30 is Bella the bookworm bringing us story time!

Suitable for children of all ages but most enjoyable for under 13's.

Bella loves to tell tales and read her favorite story books. Join Bella with your favorite rug or cushion get comfy and listen to some stories. Oh and if you want dress up as your favorite story book character - even better!

To register contact Deborah.watson@create.org.au or fill out the form in the box below

Event 2: Join us between 12pm -1pm for Magic, magic, magic—all ages welcome

What carnival is complete without a magic show? Be prepared to be amazed, enthralled and entertained. Grab yourself some popcorn, get comfy and sit back and enjoy the magic!!

To register contact Rebecca.cole@create.org.au or to register for either of these events register your interest by clicking on the box below and complete the form.

Event 3 : From 2:00pm.—An hour of Disco fun on Zoom! - All ages welcome.

Love to dance, groove and boogie?

Join Friend in Me and CREATE as we get our groove in with a DJ and some pretty cool characters for our very own disco! Glitter, sequins and outrageous costumes encouraged!

To register contact Rebecca.cole@create.org.au or select this event in the registration form by clicking below.

Events 4 & 5: For our final Child protection week event join us online to celebrate!

CREATE Talent Time

Under 13's is 3:30 – 4:15

Over 14s 4:30 5:15

Can you sing, juggle, dance? Have you written a story a poem or drawn a picture you would like to share with us? Let's get together and showcase our amazing skills!

To register for all the events fill out [this form](#).

Carer Kafe Learning and Training

SEPTEMBER

5 September - Broadmeadows

Keystone Counselling & Consulting Therapeutic Caring

9 September - Morwell

Keystone Counselling & Consulting Therapeutic Caring

14 September - Noble Park

Settlement Services International
Supporting positive cultural identity for children & young people from multicultural backgrounds

14 September - Rippleside

Emotion Wise
Emotional Intelligence & Emotion Coaching Anger

15 September - Echuca

VACCA Nikara's Journey (2 days)

16 September - Heywood

Berry Street Being Heard:
Communication in the Care System

16 September - Reservoir

Keystone Counselling & Consulting Therapeutic Caring

17 September - Melton

Emotion Wise
Emotional Intelligence & The Importance of Emotion Coaching for Kids in Care

17 September - Mildura

Lancaster Consulting
Australia Understanding disability

17 September - Bendigo

Lancaster Consulting
Australia Understanding disability

OCTOBER

7 October - Sunshine

Keystone Counselling & Consulting Therapeutic Caring

8 October - Eaglemont

Australian Childhood Trauma Group An Introduction to Mental Health

8 October - Mildura

Lancaster Consulting Australia Why do they do that? - Understanding & responding to behavior in young children 9 - 18 years of age (2 days)

9 October - Wodonga

Berry Street Meeting the Challenge of Caring

9 October - Geelong

Lancaster Consulting Australia From diagnosis to support - the NDIS, Medicare & other services available for children with additional needs

12 October - Ballarat

Anglicare Victoria
Carers Building Solutions

14 October - Frankston

Keystone Counselling & Consulting Therapeutic play for healing

17 October - Warrnambool

Keystone Counselling & Consulting Therapeutic play for healing

19 October - Morwell

Anglicare Victoria Carers Building Solutions

26 October - Bendigo

Berry Street Recovery & the Child's World

NOVEMBER

4 November - Echuca

Keystone Counselling & Consulting Therapeutic play for healing

5 November - Geelong

Australian Childhood Foundation Sexual Working with Problem Sexual Behavior through a Trauma Lens

5 November - Warrnambool

Lancaster Consulting Australia Understanding disability

11 November - Sunshine

Berry Street Life After Loss: its effect on the developing child & you

12 November - Dandenong

Lancaster Consulting Australia Why do they do that? - Understanding & responding to behavior in young children 0 - 8 years of age (2 days)

14 November - Bendigo

Keystone Counselling & Consulting Therapeutic play for healing

17 November - Mildura

Secure Start® Helping Children & Young People Achieve their Potential: An Introduction to Kinship CARE

18 November - Kilsyth

Keystone Counselling & Consulting Therapeutic play for healing

19 November - Ballarat

Australian Childhood Foundation Family Violence

23 November - Wangaratta

VACCA Nikara's Journey (2 days)

25 November - Norlane

Keystone Counselling & Consulting Therapeutic Caring: Yarning about children with challenging behaviors & how to help them heal

26 November - Sale

Emotion Wise Emotional Intelligence & Emotion Coaching Anger

Carer Kafe training is for statutory kinship carers and accredited foster carers, however, if there is space available permanent carers can apply.

For more information, visit: <https://www.carerkafe.org.au/>

PCA Families has zero tolerance of child abuse and we are committed to establishing

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